



*The Plant Pool Recreation Association cordially invites you to*

# **YOGA DeLICIOUS**

*Chocolate Yoga*

**Saturday February 20<sup>th</sup>, 2016**

**7:00 pm to 10:00 pm**

**Plant Pool Recreation Centre  
930 Somerset Street West**

*Truffles and Treats Donated by  
Macarons Et Madeleines*

**Donations will benefit the Woman Alive Program**

Extend Valentine's day by celebrating your love of Yoga and your community. Please join us for a candlelight yoga class with a sweet treat at the end of your practice. Relax afterward with a soothing cup of homemade hot spice tea and treats. Please arrive at 7pm. Yoga class will begin at 7:30 pm – 9 pm. Tea and Treats 9pm - 10pm. The Yoga will be gentle and fun. Ticket can be purchased for thirty dollars in advance. For more information and tickets contact the PPRA [www.plantpool.org](http://www.plantpool.org)