



The Plant Pool Recreation Association (PPRA) cordially invites you to

YOGALICIOUS

Chocolate Yoga

Saturday December 1st 2012
7:00 pm to 10:00 pm

Plant Pool Recreation Centre
930 Somerset Street West

Tickets: \$30 per person

Proceeds to the Woman Alive Program

For more information and tickets
contact audrib@yahoo.com



If you're not into Yoga

Then stop by for some tea and treats and drop off a donation for the rink.

We need skates, hockey sticks, helmets, warm hats, mitts, and socks. Find out more about the PPRA and how you can help out with the Rink while you enjoy some holiday cheer.

This Holiday season celebrate your love of Yoga and your community, by enjoying a Hatha yoga experience while you savor delicious hand-made truffles. Relax and socialize afterward with a soothing cup of homemade hot spice tea and Holiday treats.

Your \$30 donation will fund a free 3 month fitness membership to PRC for a woman living on low income. Tax receipts will be provided.

